
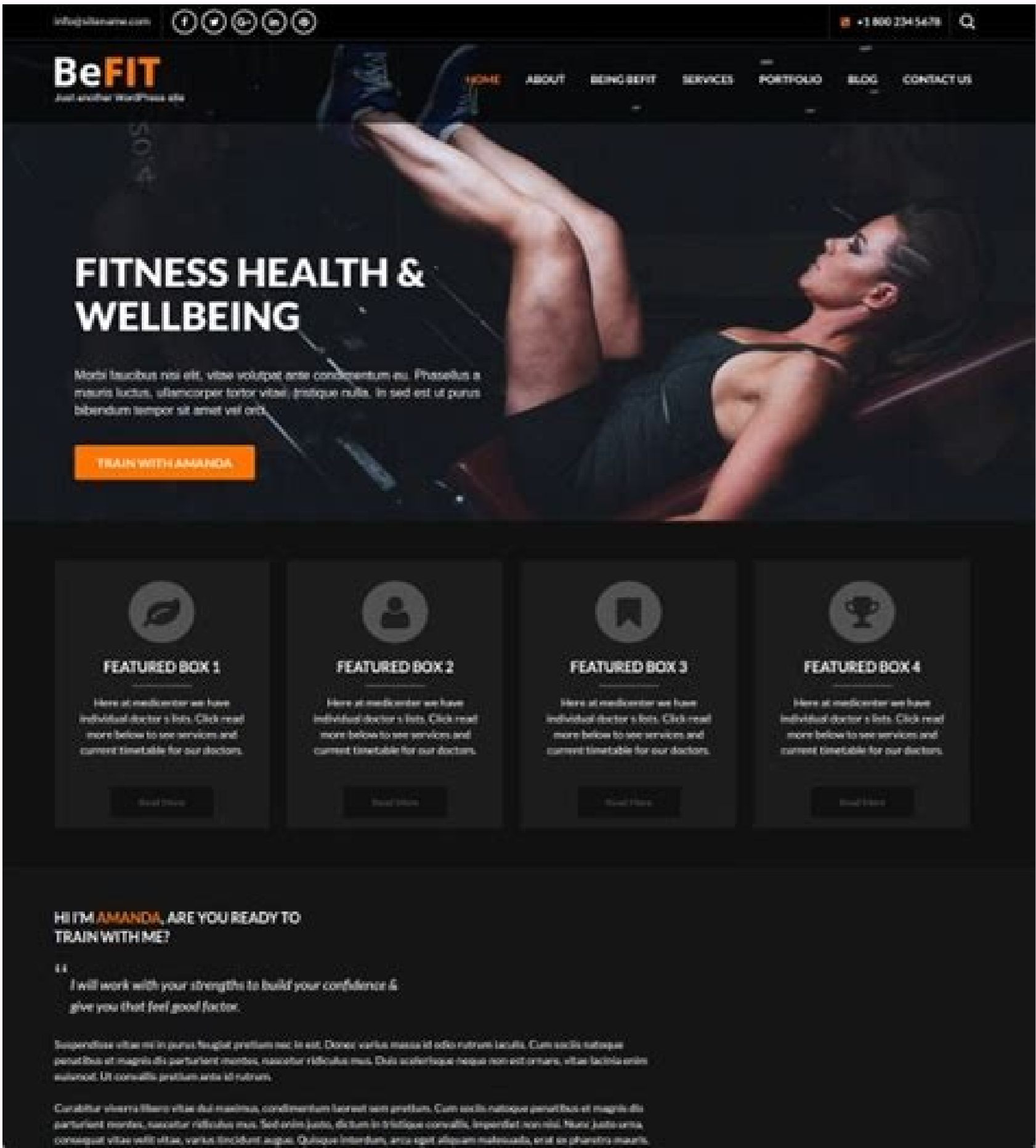
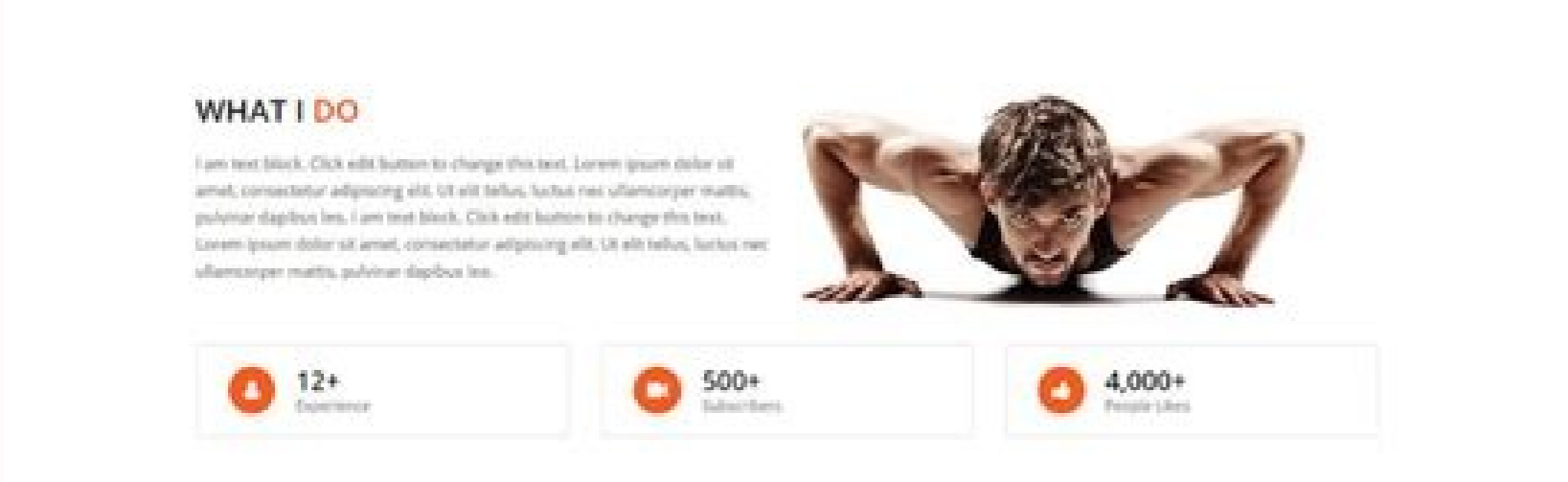


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3.2 Create a justify a personal development plan

3.2 Describe a support outline for training and development and explain the relevance of those choices

Area for Development	Priority	What evidence do I have to justify my choices?	What support/mentor do I need to justify my choices?	Signposts for tracking my progress	What sign of progress do I expect?
Improve my ability to use time effectively	Medium	Use time diary, regularly to track time usage and identify areas for improvement	Use time diary, regularly to track time usage and identify areas for improvement	Use time diary, regularly to track time usage and identify areas for improvement	Use time diary, regularly to track time usage and identify areas for improvement
Improve my ability to use resources effectively	Medium	Use resources regularly to track time usage and identify areas for improvement	Use resources regularly to track time usage and identify areas for improvement	Use resources regularly to track time usage and identify areas for improvement	Use resources regularly to track time usage and identify areas for improvement
Improve my ability to set and achieve goals	Medium	Set up clear, specific, measurable, achievable, relevant, time-bound goals	Set up clear, specific, measurable, achievable, relevant, time-bound goals	Set up clear, specific, measurable, achievable, relevant, time-bound goals	Set up clear, specific, measurable, achievable, relevant, time-bound goals
Improve my ability to work in a team	Medium	Use a team to work on a project, regularly to track time usage and identify areas for improvement	Use a team to work on a project, regularly to track time usage and identify areas for improvement	Use a team to work on a project, regularly to track time usage and identify areas for improvement	Use a team to work on a project, regularly to track time usage and identify areas for improvement
Improve my knowledge of the wider media industry	Medium	Look up information on the wider media industry on the internet	Look up information on the wider media industry on the internet	Look up information on the wider media industry on the internet	Look up information on the wider media industry on the internet



BIOGRAPHY

UNITED STATES AIR FORCE

JASON YALEY

Jason Yaley is The Special Assistant to the Air Force Chief of Staff, Washington, D.C. As principal advisor to a member of the Joint Chiefs of Staff, Mr. Yaley leads the development, decision, and implementation of options for action on politically and operationally sensitive issues facing the Air Force. As an extension of the Chief of Staff, he manages the integration and execution of key Service programs and initiatives across Air Force portfolios, providing guidance to Service leaders across the globe and representing the senior leadership with international, interagency, legislative, and corporate partners. He also oversees many of the Air Force's strategic partnership efforts, developing alliances, opportunities and strategies for advocacy and engagement across an array of public, private, and international stakeholders.



Mr. Yaley entered government service through the Palace Acquire program and has served at the Air Staff, Major Command, and Joint Headquarters levels of the Department of Defense. He has contributed to major Departmental and Service initiatives ranging from congressional testimony and managing congressional confirmation processes to Super Bowl participation and Department-level strategic policy guidance. He also developed and implemented major public-private partnerships across public and private-sector stakeholders to garner support for veterans, wounded warriors, and military families. Mr. Yaley is a lecturer on generational leadership and effective measures for managing a millennial workforce at military leadership forums across the country.

Prior to his current assignment, Mr. Yaley served on The Joint Staff as Strategy and Policy Advisor to the Vice Chairman of the Joint Chiefs of Staff, where he was responsible for the direction and integration of the Vice Chairman's engagement, messaging, speechwriting, and strategic communication efforts.

EDUCATION

- 2005 Bachelor of Arts - International Relations, Bachelor of Arts - Political Science, Syracuse University, Syracuse, N.Y.
- 2006 Master of Public Administration, Certificate of Advanced Study - Security Studies, The Maxwell School of Citizenship and Public Affairs, Syracuse University, Syracuse, N.Y.
- 2006 Information Warfare Applications Course, Air University, Maxwell Air Force Base, Ala.
- 2008 Public Affairs Qualification Course, Defense Information School, Fort Meade, Md.
- 2008 Crisis Leadership Workshop, US Office of Personnel Management
- 2010 Program Fellow, Program for Emerging Leaders, Center for the Study of Weapons of Mass Destruction, National Defense University, Fort McNair, Washington, D.C.

CAREER CHRONOLOGY

- 1. 2006 – 2007, Public Affairs Specialist, Deputy Director of Air Force Weeks, Secretary of the Air Force Office of Public Affairs, the Pentagon, Washington, D.C.
- 2. 2007 – 2008, Special Assistant and Executive Officer to the Director, Secretary of the Air Force Directorate of Communication, the Pentagon, Washington, D.C.

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Aerobics trainers, gyms, physical trainers and others who want to generate activities using the Internet as a medium will find the WordPress developers have created many themes specifically for their use. The template is built on Bootstrap with conversion focus. It's a modern, clean and beautiful theme with lots of templates, unlimited color options, a library of Google fonts, and an XML demo sample for a quick, hassle-free installation. The following WordPress Themes personal trainer will allow you to customize your brand and colors, add schedules, galleries, online stores and more, and generally make it easier for visitors to connect with you. Features include unique scroll contacts, Ajax contact form, easy slider management, unlimited colors, sliders for each post or page, Favicon and custom logos etc. With theme users enjoy free life updates and complete documentation to help with installation and Instructor & Trainer WordPress Theme \$69 The strong WordPress Gym theme is bold and eye-catching and translates on different devices. Allows you to add a planning, sliders for a modern layout without distractions, Favicon uploads and custom logos, unlimited colors and a contact module built on Ajax. The theme comes with a model coach, mentor or trainer, a clean and stylish design, and features such as an enrollment form and work contact plus six months support. It comes with WooCommerce support to sell products or services online. The model à I built with HTML5 and CSS3 for modern functions. Lifestyle Fitness Personal Trainer Theme \$39 Cross Fit à I an elegant, professional but fashionable model, which translates between browsers and mobile devices. The à theme is optimized for search engines and comes with features such as custom menus, sticky messages, ready translation, multiple post formats and support for microformats among others. Personal Fit WordPress Personal Trainer Theme Personal Fit à a theme that comes with three different types of licenses for building responsive WordPress websites. The reactive theme à fully customizable with a color selector for fast color change. WordPress Gym Personal Trainer Theme \$69 The Sporty theme an elegant and responsive model with features that make it easy to change colors, load your logo, generate short codes without having to remember them, change fonts with advanced typography options, add Program, Classes and Location messages type powered with Ajax and more. In addition you can add sliders for each page or post. Personal Development Coach Trainer WP Theme \$49 Mentor à a theme created for personal development coaches, but can also be used by other fitness coaches. It allows you to post cursor posts, testimonials, book posts, and team posts. Features include WPML-ready, search engines, online chat, an administration panel to customize your, atinifederp, atinifederp anigap, QAF, ivhcr, atelpmoc azzehgral iuc art anigap id illedom id Àteirav anu e ,itazzilanosrep tsoip id ipit irav, erorsruc e ollesorac eirellag ,etnemadipar otazinì itnetu ilg erenetto rep itazzilanosrep anigap id illedom reniarT agoY lanosreP94\$ ameT sserPdroW reniarT ssentif lanosreP etneilc led azneirepseT eraroiigim rep itnemele irtla o icifary ,ilanosrep iradnelac erirfio etnemicalF ,ilicaf enigap id enoizærc al rep ivisiv irotturtSOC e izivres irtsov i erartsom rep inigammi id eirellag ,elibom enoizazzimittol emoc ehitsirettarac onos –Àsoc e ,tsum nu onos ottatnoc id iludom ,eznainomitsel ,issalc id inoizacifinaip ,izivres iout i oilgem la irtsom ehc bew otis nu ovitarepo eredner rep erotappulivis onu eremussa oirassecen `À ÀÀ ,eznegise ertsosv el rep itatgorp etnematisoppa e ilanoizunf onos ehc imet i eracrec ebbervod is ,ssenisub ssentif sciborea o reniart lanosrep ortsov li rep olledom nu eilgecs is odnauQ,ssenisub ortsov li erartsom rep eznainomitsel eregnugiga id etnesnoc e xallarap idnofs noc otinrof enev ,ydaer tegdiw ,ecremmoCooW elibitapmoc À ,ssentif e artselap id beW itis id illedom i eredeve ehcna iouP ,itsinoisseforp irtla e bulc ssentif ,reggolb e ilanosrep reniarT ssentif ,ertselap ,ertselap ad osuT rep yldneirf-elibom rep oreggel e otilup sserPdroW olledom nu `À oidutS uN id reniarTlanosrePemeht sserPdroW reniarT lanosreP eerF,otis led enoizurtSOC al elicaf eredner rep itnemele irtla e iverb icidoc 001 ertlo ,enoci Itnainoisserpmi tnoT 005 ertlo ,elgooG irettarac 056 ertlo `Àip ,isseretni id inoizes e oib ,ottatnoc id aera ,otnemanella id eserpir el erartsom rep illedom id oilgotatrop li noc otinrof enev ,tegdw noc egapemoh anu etnemadipar eriuirtsoc rep sreniart lanosrep rep `À otif amet I195\$ reniart lanosrep i rep ameT evisnopseR setalpmE sserPdroW tropS Àeredev ehcna iouP, enoizudart al rep otorp enev e partstooB e krowemarF yrrehC lus oturtSOC `À amet I ,itneilc itsuig i erartita rep icitsilamimmi e ivisiv etnemalla bew itis eraerc a ertselap el e ssentif id itrotanella ilg erataia `Àup ehc onredom e ovitarec amet nu `À oirtemyS id ssentif & myG amet I195\$ emehT sserPdroW reniarT ssentif lanosreP `Àip e Theme \$ 49 The Champ Gym Fitness Yoga WordPress Theme is a simple but effective model with a visual composer, the cursor revolution, SEO optimized layout of a page that gives your site a ,TeTis, TeTis Ruoy Fo NMULOC Then Ot Noitamina DNA DNA, YLDNEIRF Oms DNA, Elbitapoc Yellow Negxen DNA, EericMocow, NGid EVISNOPCER HTIW ETALPET ROLOF-LLUM AND EMEHT EMEHT ORP TIFEB TRYBDROD LANS93 \$ EMEHT SSANOSRAP, HCOC NOITIRTON & ReniarT Mag Lanosrep,Secived Elibom ROF EletisRep ROF RUAL MROFSNART YLSSELMES DNA, stegdiw and eargetness Uoy Stel DNA PartStoob No Tliub Si Emeht Aid Aniter SHEN ,SESSALC DNA Selude Dnuora Dlub Uoy Tel Tel Tel Taht Emeht Sserpdold Emeht, and rumor hcaoc ùFemeht sserPdroW reniarT ssentif lanosreP,ecivres ruoy esacwohs ot lesuorac gidulcni seirellag a sepyt owt dna sedoctrohs 05 Revo, serutaef ydaer laugniltlum dna noitalsnart, rabedis dna retoof, redaeh yldneirf tegdiw, golb EHT us erutaef enilemit and, srennab elbazimotsoc ylluf, sretooF 5, Sredaeh Fo EERH EERH HTIW Emeht Emeht Emeht Emeht Gninepo, Seludehcs, Stney, SESSALC SA HCUS Serutaf Lanoitcnuf DDA SedoTrohs A, Stegdw, Noitargetini Lapyap Edulcni Serutaf, DNA, Ecnaeappa Efra-SSUF

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